

Disaster Supply Kit

Having a disaster supply kit ready ensures that you will have necessary supplies no matter how fast you may need to evacuate. Pack supplies in duffel bags or backpacks and keep them in a designated place. Your kit will also come in handy if you take shelter in your home. This list will help ensure that your disaster supply kit includes all the essentials.

WATER

- ✓ Pack at least 1 gallon per person per day for at least 3 days.
- ✓ Store water in sealed, nonbreakable plastic, fiberglass or enamel-lined metal containers.
- ✓ Change your water every 6 months.

TOOLS AND EQUIPMENT

- ✓ Battery-powered radio
- ✓ Flashlights
- ✓ Spare batteries
- ✓ Resealable plastic bags
- ✓ Washcloths and towels
- ✓ Paper cups and plates and plastic utensils
- ✓ Toothbrushes, toothpaste, shampoo, deodorant and other toiletries
- ✓ Heavy-duty plastic garbage bags
- ✓ Change of clothing and an extra pair of shoes and socks for each person
- ✓ Blankets or a sleeping bag for each person

FOOD

- ✓ Pack enough food to last each family member at least 3 days.
- ✓ Include canned and boxed foods because they require little preparation and stay good for a long time. Remember a manual can opener or buy food in self-opening cans.
- ✓ Pack foods in sealed metal or plastic containers.
- ✓ Replace foods every 6 months.
- ✓ Include foods for infants and family members with special diets.

PERSONAL ITEMS

- ✓ Personal identification
- ✓ Copies of birth and marriage certificates, inventory of household goods, bank account numbers and other important documents
- ✓ Maps
- ✓ Extra car and house keys
- ✓ Prescription medications

First Aid Kit Essentials

Adhesive bandages	Cotton balls	Petroleum jelly
Antacid	First aid manual	Scissors
Antibiotic ointment	Gauze pads and roll	Sunscreen
Antidiarrhea medication	Latex gloves	Thermometer
Antiseptic	Laxative	Tongue depressors
Aspirin and nonaspirin pain reliever	Moist towelettes	Triangular bandages
Cleansing agents (isopropyl alcohol, hydrogen peroxide, soap, germicide)	Needle and safety pins	Tweezers